Nowadays more and more people have access to the Internet. But constant availability of any information worsens people's memory and critical thinking skills.

## To what extent do you agree or disagree?

Nowadays people's lifestyle has been changed because of the fast growth of technology, especially since the Covid-19 pandemic commence<u>d/broke out</u> in the world, <u>the</u> most attention was on the internet. There are constant benefits of utilization of the virtual world. <u>The</u> Internet and <u>the</u> virtual world <u>has-have</u> been made for easing our life and they are a part of our lives.

There are significant uses of <u>the</u> internet in today's life. All data and also all documents that we are looking for can be found on the internet by just a quick search. Because of the rapid results that we achieve by searching, most of us have the tendency to use <u>the</u> internet even if we know the answer. The <u>arouses-temptation</u> of using the internet is obviously visible in our lifestyle and people have become accustomed to <u>use-using</u> the virtual world in every part of their life.

Although, using the internet is tempting and typical but these brief looksglimpses and not hesitating for answering, has have undeniably undeniable effects on people's memories. In this decade people usually are reluctant for to searching something in their memories. This menace will intense intensify diseases like Alzheimer's, Parkinson, and also premature aging. This is a huge crisis for the society.

However, in a recent physiological psychological research that some psychologists physiologist had have just approved, it has been shown that the range of memory uses and some kind of thinking skills are mostly used in slum areas, because of the poverty and not having the facility to access to the internet. The evading of using our memory is gloomy and we have to find some ways to survive and fortify our skills. For instance, we can use some memory games or even counting number from 1 to 100 inversely. Also solving puzzles, Sudoku's, word tables and..., can improve our thinking skills.

In <u>conclude</u>, I believe that using <u>internet</u> has been a huge harm for our mind and our memory skills. This approach will be a great threat for later population and if we ignore it, all of the world will possibly confront a pandemic of memories diseases. <u>Correlation/Causation</u>